

Gender JOURNEYS

thinking about transitioning?

GUEST SPEAKERS • MOVIES • RESOURCE MATERIALS • STIMULATING DISCUSSIONS



11 weeks of reliable information and meaningful community connections for anyone thinking about their own gender changes.



Respect for a wide range of possibilities across the diverse gender continuum.



- Exploring Gender Identity
- Coming Out to Families, Friends and Co-Workers
- Dealing with Discrimination
- Health & Well-Being
- Trans Communities
- “Going Stealth”
- Hormones
- Your Personal Gender Journey

and more...



This group runs three times a year. (Winter, Summer, Fall)

Please contact us for the next group date

TTC access, limited/street parking, wheelchair accessible, healthy snacks

facilitators

RUPERT RAJ is a Eurasian trans activist, therapist and gender consultant who works with trans people and their loved ones.

YASMEEN PERSAD is a trans woman of Caribbean background. She is a trainer and coordinates SOY's Trans_Fusion Crew at Sherbourne Health Centre.



Contact YASMEEN PERSAD to register for the next group: 416-324-5078 or e-mail: ypersad@sherbourne.on.ca Discretion assured.

We welcome people of diverse cultural and ethnoracial backgrounds.

