

Admission Criteria

Services will be provided to newcomer / immigrants who have difficulty accessing a Primary Care provider

For further information call:

Hedy Kam Kim

Administrative Coordinator

416-324-4100 ext. 5247

Email: hkamkim@sherbourne.on.ca

Our Catchment area: See map below



**We can work together
to take charge of your health.**

To learn more about Sherbourne
Health Centre

Visit our website at

www.sherbourne.on.ca

How to Find Us

Sherbourne Health Centre is located at
333 Sherbourne Street, North of Gerrard St.
East, South of Carlton, opposite Allan
Gardens.



SHERBOURNE HEALTH CENTRE

333 Sherbourne Street

Toronto, ON M5A 2S5

Tel: 416-324-4180

Fax: 416-324-4180

www.sherbourne.on.ca



New Canadians

Drop In Clinic



Sherbourne Health Centre provides family health care, counseling, health education and supportive services to New Canadians (residents for 10 years or less), within Sherbourne's catchment area; a diverse community of South East Toronto.

Sherbourne Health Centre drop in clinic strives to promote optimal primary care, counseling, education and skills on nutrition and healthy lifestyle choices.

New Canadians drop in clinic is a community based program, offered by Sherbourne Health Centre Team.

- + You will be able to have regular visits with a family practitioner
- + Consult regarding your health
- + Update immunization records
- + Enhance your knowledge of nutrition and prevention of common diseases
- + Learn skills to cope with emergencies and chronic disease self-management
- + Counseling – Stress management, conflict resolution and other mental health issues

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Assistance available:

- + Some language specific services
- + Transportation as required

Hours of Operation:

- + **New Canadians Drop In Clinic** will be held on Thursday mornings
- + **Registration:** 09:00 a.m.–11:20 a.m.



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Vision

Our vision is a healthy urban community in which all individuals are supported by a continuum of wellness programs and health services including primary health services that are welcoming, inclusive and accessible.

Mission

Our mission is to reduce barriers to health by working with the people of our diverse urban communities to promote wellness and provide innovative primary health services.

Values

Sherbourne's strategies, policies, client care, organizational relationships and human resource practices are based on the following values:

- + Respect
- + Cooperation
- + Quality
- + Learning
- + Diversity

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